



ACPRO Association of Canadian Psychology
Regulatory Organizations

AOCRCP Association des organisations canadiennes
de réglementation en psychologie

ACPRO Workshop—Shannon Beauchamp “Cultural Safety and Humility – It Starts With Me”

October 7, 2021 9:00 am to 12:30 pm Pacific Daylight Time

The Association of Canadian Psychology Regulatory Organizations is pleased to offer the virtual session: “Cultural Safety and Humility – It Starts With Me”. This important session will be led by facilitator Shannon Beauchamp (Migizi Miigwan Equae), who will introduce key concepts regarding Cultural Safety, including cultural awareness, cultural sensitivity, cultural competency, cultural humility, relational practice, trauma and intergenerational trauma, trauma stewardship, and accountability, and the acknowledgement that *Change starts with me*.

The workshop will be presented in English, with simultaneous interpretation in French; please be advised that the slides will not be translated.

Presentation topics include:

- **Landscape and Context:** What is Cultural Safety? What are the steps to achieving Cultural Safety?
- **The Uncomfortable Truths - The Role of History, Society and Past Traumatic Experiences:** An examination of how colonization, the Indian Act, Residential Schools, the Child Welfare System, the Health Care System and ongoing experiences of racism and discrimination have and continue to impact Indigenous peoples in Canada.
- **Action and Accountability:** *Cultural Safety and Humility starts with me – A Call to Action* on how individuals can put Cultural Safety into practice to create safer environments for everyone.

NOTE: In order to ensure safety and confidentiality of what is shared during the session by participants and by the presenter, this workshop will NOT be recorded.

More information about Shannon Beauchamp (Migizi Miigwan Equae) can be found at: <https://shannonbeauchamp.com>

Workshop registration opens at 9:00am **Pacific Daylight Time** on Wednesday, 1 September at <https://firstclassfacilitation.ca/acpro/>. Registration for the workshop is limited to 1,000 and is open to those registered with a provincial or territorial psychology regulatory organization. There is no registration fee. Information on access and participation, including a Zoom link not to be shared with others, will be provided to those who have registered one week in advance of the workshop. A pre-workshop exercise for participants will also be provided at that time.

The Association of Canadian Psychology Regulatory Organizations is committed to supporting culturally safe health care services for all. We thank you for signing up and participating in this important session.